



Wellbeing Advisory Committee

Thursday, July 2, 2020

8:30 am – 10:00 am

The Wellbeing Advisory Committee met virtually for their regular meeting. All members and staff met via Zoom video call. The meeting was held as an electronic regular Wellbeing Advisory Committee meeting because a meeting in person was impossible or impractical due to concerns for the health and safety of Commission members, staff and the public presented by COVID-19.

MINUTES

Committee Members present: Steve Dolezal, Kaitlin Emrich, Linda Levy, Kelsey Logan, Stephanie Neff, Lindsay Olson, Katherine Read

Committee Members absent: Zach Schladetzky

Staff Members present: Stephanie Schrader, Sylvia Brueckert

Kaitlin Emrich called the meeting to order at 8:33 a.m.

Katherine Read moved to approve the June 4, 2020 minutes. Kelsey Logan seconded. Motion passed.

During public comment, guests introduced themselves: Tim Charles and Kathy Good from Mercy Medical Center; Lindsay Glynn, from AbbeHealth Aging Services; Phil Wasta, the MedQuarter District; and Jim Cushing, Healthy Hometown representative from Wellmark.

The committee welcomed two new members, Linda Levy and Lindsay Olson.

Lindsay Glynn discussed how Aging Services helps people live as independently as possible through services supported by volunteers and healthy aging programs. She noted it takes community collaboration to offer and enhance programming. Glynn stated some barriers include tendency for programs to focus on younger families with kids, funding, and volunteers. Tim Charles stated aging populations are an opportunity for designing a new future. Mercy Medical Center is focused on health and wellbeing and is interested in their role supporting aging populations. Kathy Good remarked the state of Massachusetts has many age-inclusive resources, including an age-friendly business checklist. Good stated Mercy offers support for caregivers and strives to reach more diverse populations.

Kaitlin Emrich remarked that the work Mercy Medical Center and Aging Services are doing in the community to support aging populations is connected to several strategies in the Wellbeing Advisory Committee's workplan, including social connectedness and increased walkability. The conversation will be good background for the age-friendly action plan and work plan development. Stephanie Neff wondered how best to make diverse populations aware of the resources in our community.

Kaitlin Emrich moved to nominate Zach Schladetzky as co-chair. Kelsey Logan seconded. Stephanie Neff moved to nominate Kaitlin Emrich as co-chair. Kelsey Logan seconded. The group unanimously re-elected Kaitlin Emrich and Zach Schladetzky as co-chairs.

The next Wellbeing Advisory Committee meeting will be held virtually on August 6, 2020.

The meeting adjourned at 9:52 a.m.

Respectfully submitted,
Stephanie Schrader
Community Development