



Wellbeing Advisory Committee

Water Administration Building, Steven J. Cook Memorial Conference Room North

Wednesday, February 14, 2018

12:00 pm

MINUTES

Committee Members present: Emily Barnard, Steve Dolezal, Kaitlin Emrich, Kelsey Logan, Stephanie Neff, Mindi Dixson

Committee Members absent: Heather Fleming, Shannon Keller, Sofia Mehaffey

Staff Members present: Sandi Fowler, Stephanie Schrader

Stephanie Neff called the meeting to order at 12:10 p.m.

Steve Dolezal moved to approve the minutes. Emily Barnard seconded. There were no objections to the January 10, 2018 meeting minutes. Motion passed.

During public comment, Phil Wasta reintroduced himself. Kaitlin Emrich stated the revamped Worksite Wellness Assessments are available through March 23.

Stephanie Neff gave an update on school gardens, as it relates to the workplan. Metro HS and Hoover and Coolidge elementary schools are working on implementing or expanding their gardens. In addition, Farm to School programming will be rolled out in two schools in March. Stephanie Schrader noted there has been some interest in community gardens as a result of the letters of support/encouragement sent on behalf of the committee.

The City is holding off on new logo work until after the Healthiest State Initiative's Healthy Hometown award ceremony on February 15, as logo options will differ if Cedar Rapids wins the community award. Stephanie Neff suggested targeting worksites, schools, citizens, restaurants, and grocery stores while launching Healthy Hometown in the spring.

The group discussed two requests for sponsorship. One, from Field of Yogis and the second for a celebrity chef cooking demonstration. The groups concurred there is alignment with well-being goals, however due lack of budget it is more practical to help promote as part of larger healthy community initiatives.

Stephanie Schrader mentioned Cedar Rapids is a finalist community and will be recognized at the Healthy Hometown award ceremony in West Des Moines on February 15. She also noted that Go Cedar Rapids will feature a vegetarian/vegan winner again this year at the Dinner of Champions on March 29.

The next Wellbeing Advisory Committee meeting will be a strategic planning session with representatives from Wellmark on March 26, 2018.

The meeting adjourned at 1:31 p.m.

Respectfully submitted,

Stephanie Schrader
City Manager's Office