



Wellbeing Advisory Committee

Water Administration Building, Steven J. Cook Memorial Conference Room North

Wednesday, April 11, 2018

12:00 pm

MINUTES

Committee Members present: Emily Barnard, Mindi Dixson, Steve Dolezal, Kaitlin Emrich, Heather Fleming, Kelsey Logan, Stephanie Neff

Committee Members absent: Shannon Keller, Sofia Mehaffey

Staff Members present: Stephanie Schrader

Stephanie Neff called the meeting to order at 12:05 p.m.

Emily Barnard moved to approve the minutes. Kaitlin Emrich seconded. There were no objections to the February 8, 2018 and March 26, 2018 meeting minutes. Motion passed.

Mary Lawyer, Community Health Director from Wellmark, summarized work from the previous meeting, stating the work plan vision is driven by answering key questions:

- What will be different in five-ten years in Cedar Rapids because of this work?
- How will success be measured?
- Will current work help achieve the vision?

The group discussed revisions to the work plan. Kaitlin Emrich reported that public health has energy around tobacco-free policies and the Double Up Food Bucks program. Emily Barnard expressed concern that the tactics are missing the emotional component of health. After some discussion, the committee decided to incorporate emotional health in the increased social connectedness goal to “Promote Mental and Emotional Well-Being Through Social Connectedness Events”.

The group identified internal champions from the committee as well as external community champions for each tactic; feedback about current work and opportunities for partnering will be sought from these groups. This will allow the committee to identify any gaps in the work plan tactics surrounding community wellbeing. Stephanie Schrader will draft a template letter for committee members to use when reaching out to these stakeholders. Kaitlin Emrich stated committee members should share the work plan with the potential partners when reaching out to them.

Heather Fleming moved to accept the 2018-2019 work plan as revised and Steve Dolezal seconded. The motion passed unanimously.

The next Wellbeing Advisory Committee meeting will be held May 9, 2018.

The meeting adjourned at 1:34 p.m.

Respectfully submitted,
Stephanie Schrader
City Manager's Office