



Wellbeing Advisory Committee
Thursday, February 4, 2021
8:30 am – 10:00 am

The Wellbeing Advisory Committee met virtually for their regular meeting. All members and staff met via Zoom video call. The meeting was held as an electronic regular Wellbeing Advisory Committee meeting because a meeting in person was impossible or impractical due to concerns for the health and safety of Commission members, staff and the public presented by COVID-19.

MINUTES

Committee Members present: Ellen Bouchard, Steve Dolezal, Stephanie Neff, Lindsay Olson, Katherine Read, Zach Schladetzky, Adam Walter

Committee Members absent: Kaitlin Emrich, Linda Levy

Staff Members present: Stephanie Schrader

Zach Schladetzky called the meeting to order at 8:31 a.m.

During public comment, Ava Miles, a local high school student, spoke to the group about an organization she founded called CR Healthy Skin. The organization's efforts focus on skin health in our community and to date, she has donated 600 hand and foot warmers to Willis Dady. Ava is encouraging sunscreen dispensers to be placed next to bike share stations downtown.

Adam Walter moved to approve the January 7, 2021 minutes. Steve Dolezal seconded. Motion passed.

The group discussed a draft letter of encouragement for fruit and nut trees to be planted as part of the ReLeaf CR storm recovery. It was decided that since research provided by Adam Walter and Healthy Hometown regarding fruit/nut trees in public spaces, the letter should encourage fruit/nut tree plantings be targeted in high Social Vulnerability Index areas, rather than proposing a number or percentage.

Lindsay Olson stated the Worksite Wellness Committee is updating their mission statement and the Worksite Summit is unlikely to be held, due to the pandemic. The last Worksite Wellness meeting, held virtually in December, had around 80 in attendance. Zach Schladetzky provided an update on the Long Term Planning Commission, which met on February 3. One of the three goals is to increase communications from City Boards and Commissions. Zach will share the plan when it is finalized.

Stephanie Neff noted an intern with the Linn County Sustainability Office is helping to implement a school garden at Hoover Elementary School.

The group would like to invite Jeff Wozencraft and Eric Holthaus to discuss the Social Vulnerability Index at the March meeting.

The next Wellbeing Advisory Committee meeting will be held virtually on March 4, 2021.

The meeting adjourned at 9:24 a.m.

Respectfully submitted,
Stephanie Schrader
Community Development