



Wellbeing Advisory Committee
Thursday, December 3, 2020
8:30 am – 10:00 am

The Wellbeing Advisory Committee met virtually for their regular meeting. All members and staff met via Zoom video call. The meeting was held as an electronic regular Wellbeing Advisory Committee meeting because a meeting in person was impossible or impractical due to concerns for the health and safety of Commission members, staff and the public presented by COVID-19.

MINUTES

Committee Members present: Ellen Bouchard, Steve Dolezal, Kaitlin Emrich, Linda Levy, Stephanie Neff, Lindsay Olson, Katherine Read, Zach Schladetzky

Committee Members absent: Adam Walter

Staff Members present: Stephanie Schrader, Seth Gunnerson

Kaitlin Emrich called the meeting to order at 8:31 a.m.

During public comment, Monica Vallejo stated she is interested in information as it relates to the Southwest neighborhood.

Ellen Bouchard moved to approve the November 5, 2020 minutes. Zach Schladetzky seconded. Motion passed.

Seth Gunnerson, Community Development Planner, provided an overview of how the zoning ordinance can be used to help create a healthy community. He stated that the revised code, adopted in 2019, focuses on people and pedestrians over cars. He continued to say there are numerous tactics that support walkability in the zoning code, such as promotion of density and mixed uses, updated landscaping requirements and active transportation support. The committee would like more information on greenhouses, which help support longer growing seasons.

Ilsa DeWald, Local Foods Coordinator for Johnson County, gave a presentation on the Veggie Rx Program in Johnson County. Ilsa noted the main program goals are: access to fruits and vegetables, abundant healthy eating skills and knowledge, positive health outcomes, and economic investment in a community food system. Johnson County program participants are connected by food pantries, which is different than other nutrition Rx programs that utilize medical providers. Interested parties with diet-modifiable health outcomes are prioritized.

The group discussed edits to the January 2021-June 2022 work plan, replacing several placeholders with numbers in the objectives column. Stephanie Neff moved to recommend approval of the edited work plan to council and Ellen Bouchard seconded. Motion passed.

The group reviewed accomplishments under the July 2019-June 2020 work plan, including a recommendation to join the Age-Friendly Network, promotion of the bike share launch, smoke-free park ordinance, and listening to and connecting numerous community partners working on community wellbeing initiatives.

The next Wellbeing Advisory Committee meeting will be held virtually on January 7, 2021.

The meeting adjourned at 9:59 a.m.

Respectfully submitted,
Stephanie Schrader
Community Development