



Wellbeing Advisory Committee
City Hall, Bever Conference Room
Thursday, October 10, 2019
8:00 am - 9:30 am

MINUTES

Committee Members present: Emily Barnard, Steve Dolezal, Kaitlin Emrich, Kelsey Logan, Sofia Mehaffey, Stephanie Neff, Katherine Read, Zach Schladetzky

Committee Members absent: Joshua Moreno

Staff Members present: Amanda Lehman

Kaitlin Emrich called the meeting to order at 8:06 a.m.

Emily Barnard moved to approve the September 11, 2019 minutes. Zach Schladetzky seconded. Motion passed.

The group reviewed the Age-Friendly Network presentation from the September meeting. Sophia Mehaffey moved to recommend the City of Cedar Rapids apply to join the AARP Age-Friendly Network and Emily Barnard seconded. Motion passed.

The committee discussed work plan updates. Emily Barnard stated she is exploring the potential for Coe to partner with AARP, as students may be able to help meet some of the social needs of the aging population in Cedar Rapids. There was discussion about walkability in the winter, particularly how snow plows can make bus stops inaccessible. Zach stated he would like to explore the potential for volunteers to clear bus stops. Stephanie Neff agreed to draft a letter to the Cedar Rapids School Board about ensuring the Cedar Rapids Community School District's new schools are walkable. There was also discussion regarding the Downtown Ambassadors program in Green Square and providing the Quit Line number to local organizations.

The committee discussed the potential for a standing letter of support template to be used when requests are received that align with the work of the Wellbeing Advisory Committee. The group will continue discussions and develop criteria.

The committee discussed a new meeting time and date. Starting in December, meetings will be held the first Thursday of the month at 8:30 a.m. There will be no meeting in November.

Kaitlin Emrich noted Healthiest State award nominations are open until November 5, 2019. There will be a 5210 summit in Des Moines and the registration is open until October 19, 2019.

The next Wellbeing Advisory Committee meeting will be held December 5, 2019.

The meeting adjourned at 9:26 a.m.

Respectfully submitted,
Stephanie Schrader
Community Development – Housing Services