



Wellbeing Advisory Committee

Water Administration Building, Steven J. Cook Memorial Conference Room South

Wednesday, May 10, 2017

12:00 pm

MINUTES

Committee Members present: Emily Barnard, Kaitlin Emrich, Heather Fleming (by phone), Kathy Keane, Stephanie Neff

Committee Members absent: Steve Dolezal, Jennifer Hougen, Shannon Keller, Tim Stiles

Staff Members present: Sandi Fowler and Stephanie Schrader

Stephanie Neff called the meeting to order at 12:05 p.m.

During public comment, two guests were introduced: Marissa Gerritsen, a Coe College student completing a Health Sciences internship with Linn County Public Health and Audrey Tran Lam, Master of Public Health candidate from the University of Iowa.

Emily Barnard moved to approve the minutes. Kaitlin Emrich seconded. There were no objections to the April 4, 2017 meeting minutes. Motion passed.

Stephanie Schrader stated five committee members have terms that will expire in June. Tim Stiles, Kathy Keane, and Jennifer Hougen do no plan to renew their terms. Current members were asked to consider the Chair and Vice-Chair positions.

Audrey Tran Lam presented her Community Garden Proposal. Her work looked at available, tax-exempt space in the food insecure neighborhoods of Westdale and Oak Hill Jackson in Cedar Rapids. Her project details several ideal areas for community gardens. The report is available at www.linncounty.org/613/Reports-and-Publications. Next, Audrey discussed the Discover My Plate pilot program implemented in five Cedar Rapids Community School District pre-schools. Her work helped evaluate the effectiveness of the Discover MyPlate kindergarten curriculum and its materials in meeting early learning standards for the pre-school age group. Her survey showed positive feedback about the program and recommended some modifications for implementation at the pre-school level.

Kaitlin Emrich asked how the Wellbeing Advisory Committee should move forward with Audrey's work as it relates to the Workplan. After some discussion, the group decided to send out letters to the organizations identified as ideal sites in Audrey's proposal. Stephanie Schrader will draft the letters, once she has discussed the proposed sites with the City's planning staff.

Kathy Keane provided a Worksites sub-committee update. She stated the Worksite Committee will create a checklist for new worksite designations. Kathy noted the Worksite Summit will be reassessed, since attendance was low last year. The Worksite Committee would like to explore the possibility of merging with the Worksite Wellness Committee facilitated by Linn County. Stephanie Schrader will coordinate a meeting with the two groups.

Emily Barnard stated the Engagement sub-committee needs to meet to discuss next steps and will report back at the next meeting.

The next Wellbeing Advisory Committee meeting will be held June 14, 2017.

The meeting was adjourned at 1:35 p.m.

Respectfully submitted,
Stephanie Schrader
Wellbeing Intern, City Manager's Office